



## Presidents' Message

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I want to take the opportunity to thank Myia for her water performance that earned her the Working Water Dog title plus a leg and the Lua Challenge Trophy at the 2018 Summer Splash. How is that for a not so veiled brag? She has demonstrated a passion for performing her water tasks with gusto. When she gets the routine down of which exercise follows which exercise, she will not need her handler although I suppose I could row for her and we could still be a team. Early in the year of 2016 I went into the pond to work on a boat. All three of my dogs were with me. For them it was nothing more than a walk to the pond. I had not been in the water long when Myia came in and swam to the boat I was working on, swam around me, then swam further away from shore exploring through the touch of the water something mysterious but also familiar as though water was a part of her heritage. Later, I called her breeder, Julie, and simply said "she swims". All of my dogs have always swam but only with me and rarely have swam for the express joy of swimming. That day Myia swam enjoying her oneness with the water.

I look back at that moment in time for me and for her and realize what she brings to the table in our training sessions is the love of the job and the desire to do it.

When my boy Raz was weeks old, I would put him on the platform of the boat, push it out, then call him. It was really not necessary to call him as sometimes I could hardly put him on the platform and let go before he jumped off the platform and back in the water. His intent at that moment in his life was not to swim to shore but to get back on the boat because that was where the fun was. That was the bond between human and dog that was happening. He has and will probably always be my best swimmer, very elegant. It is no wonder he once won a Halloween costume contest by dressing as Michael Phelps.

I look back at that moment in time for me and for him and realize what he brings to the table in our training sessions is the love for his handler and the desire to please. I look back at those moments in time for me and for her and realize that Lucy brought to the training table all the joy and experiences of her heritage. Each of my forever dogs have been given such a great instinct for and love of the water in his or her own way. They excel differently because their instincts and experiences are unique.

Now, it becomes my job as a trainer to take those experiences and love of the water that they all share, independently, and make each individual team the best it can be. I will try to do that again next year. My hope is that all of you will join me for the 2019 water season for training and bonding with our wonderful breed of the water. Memories are made of this. I will follow up with a training schedule for next year in December/January.



# PWDCA Owner Handler Awards

The Owner Handler Awards (OHA) and Junior Showmanship Owner Handler Awards (JSOHA) programs are to encourage PWDCA members to:

- Actively participate in competitive events and activities by handling dogs owned or co-owned by them
- Develop positive working relationships and camaraderie with their fellow club members and competitors

- Continually expand their understanding of the PWD breed standard through “hands on” activities and experiences

Registered owner handler (non-professional) participants will earn program points for placements earned in conformation, agility, obedience, rally, therapy, CGC, water, and tracking events.

Lets' increase our participation in this PWDCA National Program and promote OWNER HANDLERS!

The OWNER HANDLER Awards will be presented at the NATIONAL SPECIALTY.

The Movers and Shakers should be proud of all of our member participants.

**Janice and MINX** titled in the water Trial and then in just days after took the Breed from top handlers and dogs in a very large entry from an Mid-West Judge—and OH Group3 **THRILLING!**

**Kelley and her Brown Girls** she bred (NISSA—who will receive a Record of Merit at the National Specialty and POPPY—who received 2 working titles at the water trial and then into conformation to achieve Her AKC Championship) Huck TOO!

**Nigel** placed and I do not know she does it all—serving as SHOW CHAIR for this PWDCA National Specialty

**Debbie** can always be seen in the Agility ring and water with her PWD's—Tootsie, Cali

**Amanda** is SUPER BUSY with all performance venues with her boy HARVEY—a remarkable team



## Final 2017—2018

### Conformation

Janice Riley #4  
Kelley Dimke #7  
Nigel Clark #8

### All Venues

Janice Riley #3  
Nigel Clark #6  
Kelley Dimke #7

### Performance

Debbie Totten #5  
Amanda Ellery #9

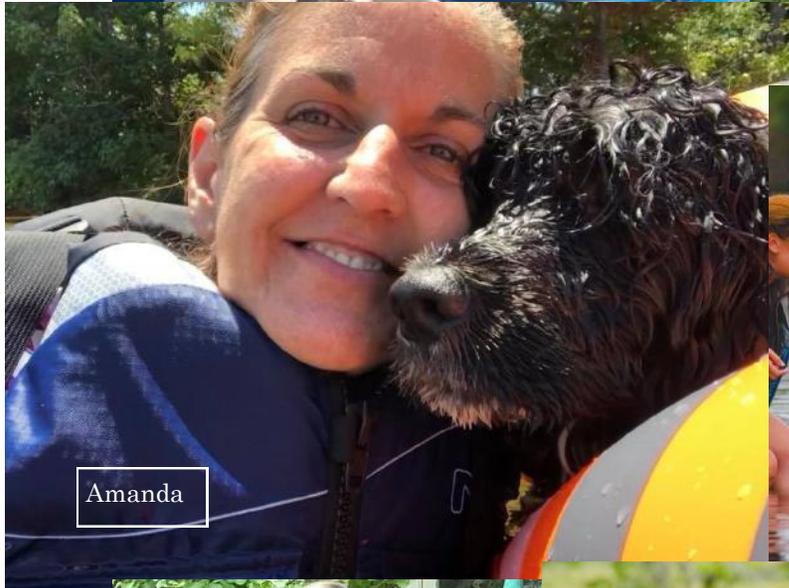
# Super Proud of our AWARD WINNERS—



NIGEL



Janice



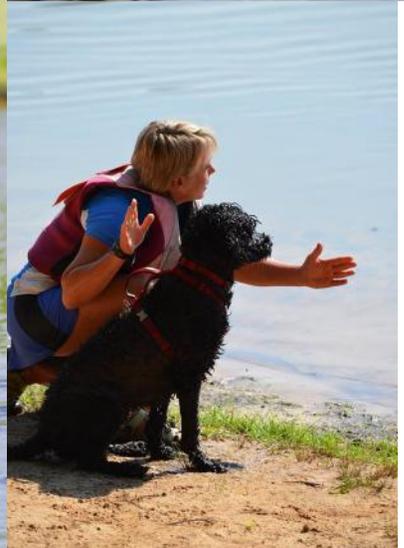
Amanda



Kelley



Debbie



## Water Trial - what made it **SUPER FABELOUS**

### WEATHER

The weather gods really looked out for our Water Trial Weekend! It just put everyone (including PWD's) in a great mood. The mornings were perfect .....so much so that some of the dogs wanted to leave the test area to play and explore.

These dogs were so cute but a little frustrating for the handlers—none the less endearing.

### “THE JUDGE”

One of our very own members

John Brock

Served as the Trial Judge

What a sense of humor and you can see how much he loves this breed

His thoughtful comments were so appreciated and we all say

THANK-YOU

### THE “RAFFLE”

The beautiful and generous donations were in one word

***AMAZING***

I really cannot say which donation was my favorite

Your donations were on point so very much helped the club fund this

2018 Event

### THE WATER TRAIL VOLUNTEERS

Heartfelt  **THANKS**

**TO OUR VOLUNTEERS!**

# Life-Time Membership Award Louise Mowbray



*Her Smile and Laugh says it all!*

*Her dedication to the Breed is unsurpassed...*

*Her Commitment to the Movers Shakers is  
beyond measure!*

*Louise has coordinated volunteers to support our  
water trial serving our judge and making every-  
thing run smoothly.*

*Member for Life*

*Our sincere Love and Thanks!*



## Summary of Movers & Shakers General Membership Meeting July 14, 2018

**Attendance:** 32 Members

**Treasurer Report** M. E. Walkama reported that the balances at the present time are approximately:

\$4000 in the checking account

\$22,000 in the money market account.

**Membership Report** L. Fowler reported that membership has increased almost 30% from last year with approximately 75 members at this time.

**Water Trial Report** S. Melson, K. Kolster, S. Foster and all volunteers were lauded for their efforts toward another successful Trail. Thanks to all! J. Flebotte announced that we will be holding another Trial next July 19 & 20 at the same location.

**Water Trial Host Committee** Pam Fowler, Chair reported that the group is working on guidelines for our Trials.

**Supported Entry** The site and chair for the 2019 supported entry will be studied after the water trial by the President and vice President

**Life-Time Membership Award** J. Flebotte announced that the Board unanimously voted that Louise Mowbray be awarded a life-time membership for her continued and uninterrupted service as the Chief Steward at our Water Trials

**2019 PWD Jamboree Site** will be SENECA SC in October

**Star Awards** K. Kolster reported that the Board is exploring options other than our traditional awards:  
(more titles/smaller print on the STAR awards - crate tags with title listed - rosette with tiles on streamers)

**Donation to National Specialty** J. Flebotte reported that the items suggested by the membership - director's chair/ water equipment, etc. are being assembled

### Membership Survey

The purpose of this survey is to gather information from the membership  
to

determine if it would be a favorable idea for the club to host and sponsor  
fun events for club members throughout the year.

The Survey was sent by email to every member and is due back to

Rosemary by AUGUST 25th

# Become a Member

WELCOME NEW MEMBERS!

## Colleen Lemasters and Jeremy Bragg -

Winfield WV

Two Allyn PWDs - Armada and Trek



## Kyle Martin and daughter Maggie

Charleston, SC

"ANNIE"

*CO-OWNED Cold Harbor PWD's*

**This is an experienced PWD family. Kyles parents have 3 PWD's who ANNIE plays frequently with!**

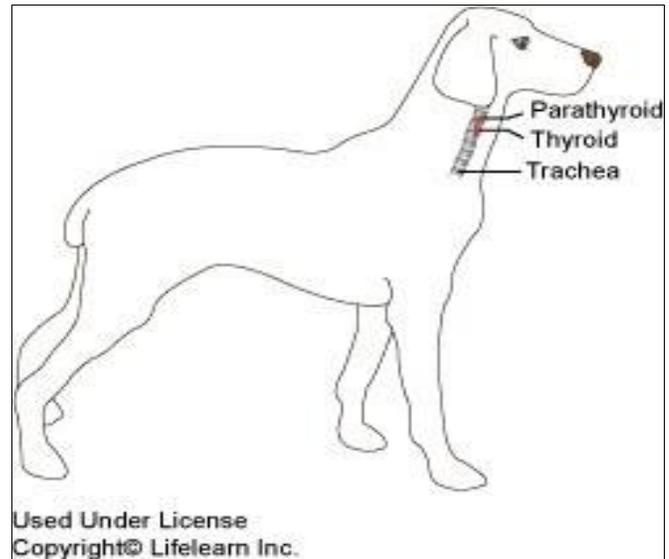


# Canine Hypothyroidism

## What is the thyroid gland and what does it do?

The thyroid gland is one of the most important glands in the body. It is located in the neck near the trachea or "windpipe" and has two lobes, one on each side of the trachea. The thyroid gland is controlled by the pituitary gland, which is located at the base of the brain.

"If the thyroid is overactive (*hyperthyroidism*), the body's metabolism is elevated. If it is underactive (*hypothyroidism*), the metabolism slows down."



The thyroid gland regulates the body's metabolic rate. If the thyroid is overactive (*hyperthyroidism*), the body's metabolism is elevated. If it is underactive (*hypothyroidism*), the metabolism slows down.

"When the metabolic rate slows down, virtually every organ in the body is affected."

## What causes hypothyroidism?

In the dog, hypothyroidism is usually caused by one of two diseases: *lymphocytic thyroiditis* or *idiopathic thyroid gland atrophy*. The former disease is the most common cause of hypothyroidism and is thought to be an immune-mediated disease. This means that the immune system decides that the thyroid is abnormal or foreign and attacks it. It is unclear why this occurs. In idiopathic thyroid gland atrophy, normal thyroid tissue is replaced by fat tissue. This condition is also poorly understood.

These two causes of hypothyroidism account for more than 95% of the cases in dogs. The other five percent are due to rare diseases, including cancer of the thyroid gland.

# Canine Hypothyroidism

## What are the clinical signs?

When the metabolic rate slows down, virtually every organ in the body is affected. Dr. Jean Dodds, founder of Hemopet (specialists in veterinary transfusion and blood banks), has done a great deal of work in this area. She states that by the time you see the typical symptoms 70% of the Thyroid function has been damaged.

Most dogs with hypothyroidism have one or more of the following CLASSIC symptoms:

- Weight gain without an increase in appetite
- Lethargy and lack of desire to exercise
- Cold intolerance (gets cold easily)
- Dry, dull hair with excessive shedding and flaking
- Very thin to nearly bald hair coat
- Increased dark pigmentation in the skin
- Increased susceptibility and occurrence of skin and ear infections
- Failure to re-grow hair after clipping or shaving
- High blood cholesterol
- Slow heart rate

Some dogs also have other clinical signs such as:

- Thickening of the facial skin so they have a "tragic facial expression"
- Abnormal function of nerves causing non-painful lameness, dragging of feet, lack of coordination, and a head tilt
- Loss of libido and infertility in intact males
- Fat deposits in the corneas of the eyes
- Dry Eyes due to lack of proper tear production

Dogs showing various types of abnormal behavior such as aggression, extreme shyness or seizure-like activity, and that in the majority of the cases studied, significant abnormalities were found, attributable to abnormal thyroid function. Physiological change at the cellular level leads to the aberrant behavior

**For more information please see a complete file on our CLUB FACEBOOK Page under FILES**

**Kara Kolster DVM, DACT**  
**Advanced Concepts**  
**In Hypothyroidism in PWD's**

Dr. Kolster offers reproductive specialty services as a Diplomate of the American College of Theriogenology in Glen Allen Virginia. She is on the Board of Directors for the Movers and Shakers Club and owns one 7 year old PWD Male. Kara was gracious and responding to the following 4 questions regarding Hypothyroidism in Portuguese Water Dogs.



**What is your recommendation for Screening for Hypothyroidism in PWD's?**

*a. In active Breeding Program*

I recommend testing breeding dogs at 2 years of age or prior to first breeding, and every 1-2 years during their breeding career, up to about 8 years of age. Hypothyroidism can have a late onset so a single normal test at 2 years of age is not sufficient. A dog that reaches 8 years of age with normal blood work and no clinical signs is unlikely to become hypothyroid later in life.

*b. Dogs with known ancestors having Hypothyroidism*  
 Same as above but I encourage annual testing between 2 – 8 years of age. It is also advisable to test related dogs that may not be bred at least once between 2-5 years of age. This will provide more information on the prevalence of hypothyroidism in that line and in the breed, which can help guide breeding decisions.

lence of hypothyroidism in that line and in the breed, which can help guide breeding decisions.

*c. All PWDs*

I recommend testing pet (non-breeding) dogs if they develop abnormal signs that may be related to hypothyroidism, for example: weight gain, lethargy, dry skin, hair loss, and behavioral changes. There can be numerous potential causes for these clinical signs, and hypothyroidism can cause other signs as well, but hypothyroidism is easy to test for and treat, so it is worth ruling in or out early in the diagnostic process.

**What are the top 3 facts you feel most people may not know about hypothyroidism?**

Dogs can be hypothyroid without showing the classic clinical signs of weight gain and hair loss.

A full panel (Total T4, Free T4, Total T3, Free T3, TSH, TGAA) is needed for accurate diagnosis. All major veterinary reference laboratories offer this panel; the endocrinology lab at Michigan State University is considered the gold standard in thyroid testing. Many euthyroid (normal) dogs will have a low Total T4 due to other causes. You should never diagnose hypothyroidism and start medication based solely on a T4 result.

Giving thyroid medication to a euthyroid dog will suppress their natural thyroid function and can potentially cause harm. I never recommend giving thyroid medication, even “just a little,” to a dog who has not been diagnosed as hypothyroid based on appropriate bloodwork.

**Kara Kolster DVM, DACT  
Advanced Concepts  
In Hypothyroidism in PWD's**

**What are problems you see in PWD's that are caused or partially caused by having a low thyroid that has not been diagnosed?**

Undiagnosed hypothyroidism is known to cause lethargy, poor haircoat (dull, dry, thin), excess body weight (either weight gain or inability to lose weight with appropriate diet), depressed mentation, hyperpigmentation, skin infections, and neurologic deficits (uncommon). It is suggested that hypothyroidism may cause certain behavioral changes in dogs, such as aggression, but studies have not supported this theory. Puppies born to untreated hypothyroid dams may be weaker and more likely to die in the first 3 days after birth.

Research has shown that there is no effect of hypothyroidism on a bitch's heat cycles, her ability to become pregnant, or her ability to carry a litter to term, and there is also no effect on a male's sperm quality.

**Are there supplements or diets that can help a dog BOOST thyroid function or help with dogs diagnosed with Hypothyroidism?**

The thyroid gland needs iodine to function properly, but excess iodine can actually have the opposite effect of suppressing thyroid function and potentially causing other health problems. Kelp is a significant source of iodine and should be avoided in dogs with thyroid disease.

Over-the-counter (OTC) supplements marketed for thyroid or metabolic support may contain pituitary & brain tissue from cows. Ingesting these tissues increase the risk in humans for development of variant-Creutzfeldt-Jakob disease ("mad cow disease"). It is unknown what the risk is for dogs ingesting these substances.

OTC supplements can also affect the results of thyroid testing, which makes it difficult to determine if a dog is truly affected by hypothyroidism or not.

Other medications that can affect thyroid testing are steroids, phenobarbital, aspirin, sulfa antibiotics, clomipramine (an anti-anxiety), and anesthetic drugs. It is also recommended to wait 30-45 days after vaccination before testing thyroid levels.

There are no supplements or diets that I am aware of that are specifically recommended for hypothyroid dogs.

**How Do You Get a Test for a FULL THYROID PANEL  
(L. Coloccia)**

- 1. Ask your Vet for a FULL MICHIGAN STATE UNIVERSITY THYROID PANEL (blood test)**
- 2. Many Dog Shows offer Thyroid Panels (See Raleigh Premium for Labor Day Weekend)**
- 3. Have Vet Tech Draw Blood according to instructions and YOU send to HEMOPET**



## Water Trial Results

### Saturday

#### Junior Water Dog (JWD)

Shirley McKee & Beacon Hill Storm Surge

#### Apprentice Water Dog (AWD)

John Malkasian & SeaRidge Wanderer  
Marcia Bingham/Janice Reilly & SeaRidges Diamonds  
Are Furever

Karen Latham & Estrela Norte Leal Liliana De Falcor

Karen Latham & Falcor's Funny Girl

Debbie Totten & Freestyle Splish Splash

Janice Reilly & SeaRidge Ain't Misbehavin'

#### Working Water Dog (WWD)

Cindi Robusto & Allyn Her Beguiling Beijo

Jill Flebotte & Hat Trick Jacinth Work of Majesty

Kelley Dimke & Ondakina's Sweet As Tupelo Honey

Candace Lawhorne & Kimlyn's Daydream

#### Courier Water Dog (CWD)

Louise Mowbray & Great Lakes Southern Cooking

Cathy Tinaglia & Cutwater The Bee's Knees

Jennifer Wenk & Cove's End Ms B

Ken Melson & Vista Do Lago's Sand Dancer

Maggie Martin & Southern Splash Gone With The  
Wind

#### Master Water Dog (MWD)

Maggie Martin & Cove's End The Better Bet

### Sunday

#### Apprentice Water Dog (AWD)

Shirley McKee & Beacon Hill Storm Surge

Jennifer Wenk & Cove's End Flight of Fancy

Julie Asbed & Downeast Big Bad Wolf at Hat Trick

#### Working Water Dog (WWD)

Marcia Bingham & SeaRidges Diamonds Are Furever

Cindi Robusto & Allyn Her Beguiling Beijo

Jill Flebotte & Hat Trick Jacinth Work of Majesty

Kelley Dimke & Ondakina's Sweet As Tupelo Honey

#### Courier Water Dog (CWD)

Louise Mowbray & Great Lakes Southern Cooking

#### Master Water Dog (MWD) Various Exercises

Amanda Ellery & SWSeas The One N Only Harvey

#### SUMMARY OF EXERCISES BY LEVEL

##### Junior Water Dog (JWD)

1. Retrieve Dummy from Shore 1 minute
2. Board Boat and Ride with Handler  
30 seconds
3. Call Dog from Shore to Boat 2 minutes
4. Timed Swim with Handler 2 minutes

##### Apprentice Water Dog (AWD)

1. Underwater Retrieve 1 minute
2. Retrieve Dummy from Shore 2 minutes
3. Dummy Carry, Boat Ride and Recall 30 seconds, 60' boat ride, 30 seconds
4. Retrieve Floating Line from Shore 2 minutes
5. Timed Swim with Handler 20 seconds, 2 minutes

##### Working Water Dog (WWD)

1. Gear Bag Retrieve 1 minute
2. Retrieve Dummy from Boat 2 minutes
3. Retrieve Overboard Articles 3 minutes
4. Retrieve Dummy between Two Boats  
1 minute
5. Blind Retrieve Of Floating Line from Boat  
2 minutes

##### Courier Water Dog (CWD)

1. Courier Pouch Exchange 2 minutes
2. Blind Retrieve Of Floating Line: Boat to  
Shore 2 minutes
3. Directed Double Retrieve From Boat 3 minutes
4. Retrieve Fishing Net 3 minutes
5. Buoy Ball Placement 3 minutes











# FUNDRAISER to BENEFIT **PETS FOR VETS**

OCTOBER 13-14, 2018  
HUDSON MANOR, LOUISBURG, NC

Last chance for you and your PWD to get into the water!  
Join us for a fun weekend!  
Chance to give back to our Vets!

\*\*\*\*

**Pets for Vets:** dedicated to supporting veterans and providing a second chance for shelter pets by rescuing, training and pairing them with America's veterans who could benefit from a companion animal!

**Sean Quigley** from Pets For Vets will join us!

PLEASE JOIN US and OUR HOSTS **GLEN and MELISSA COGLIATI!**

**FRIDAY EVENING:** Hudson Manor

Hors d'Oeuvres, **DINNER BUFFET, (NO CHARGE!)**

**CASH BAR plus a REVERSE RAFFLE**

**Water Camp** will run from 8:30 am until 4:00 pm each day!  
**Breakfast, Lunch, Snacks and Drinks** will be provided!

**COST (includes 1 lunch): \$60** per day per team (1 Day)

**\$50** per day per team if you sign up for 2 days

**EXTRA LUNCH: \$10**

**SUNDAY:** Mock Trial -- Jill Flebotte - Judge

**HOST HOTEL: THE HAMPTON INN**

12318 Wake Union Church Road, Wake Forest

**SPECIAL: \$109 per night - NO Pet Fee!**

**919-554-0222** (Under: Pets For Vets)



**SIGN UP NOW!!**

RSVP: Judy Leather

tjleather@windstream.net

SPONSORED BY **MOVERS AND SHAKERS** and **USSPWD**

**CO-CHAIRS:** MARLENE & RON NICEWANDER and JUDY & TOM LEATHER

NET PROCEEDS WILL BE DONATED TO PETS FOR VETS



### **Allyn Queen of Hearts Makes 21**

RA AJP NFP CGC TKI WWD MAC1



## **I met an ANGEL**

**By L. Coloccia**

She looked at me and I melted as most people do.

Her eyes are so bright and look right into your heart.

She knows every word being said.

Her owner has full conversations with her just like talking to your best friend—because this is what she is.

She loves everyone and every dog she meets

Although I am not sure she thinks she is a human and not a dog.

Her Heart is evident as you watch her perform.

She is a Treasure to this breed and all working dogs.

Her owner says it best

## **She is one in a million**

She is Everything and God made her Special

She was born during a water trial 4 years ago

with and “Angel Wing”

Happy Birthday Angel

“Tootsie”

Loved by everyone especially Debbie Totten and Christy Weatherholt

## **2018 Newsletter**

*November Publication*  
(deadline for submission is October 15th)  
**CHRISTMAS CARD EDITION**

Email [coldharborpwd@gmail.com](mailto:coldharborpwd@gmail.com)  
Phone 434-760-4793

## **Board of Directors**

<i>Jill Flebotte</i>	<i>President</i>
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<i>Linda Fowler</i>	<i>Secretary</i>
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